



## **Bike Course Cue Sheet**

**Course length: 14 miles**

### **Mile Mark Detail**

- 0.0 mi Leaving transition, turn right towards Hospital Rd
- 0.13 mi At "T", turn right toward Lyman St
- 0.35 mi At "T", turn right onto Hospital Road
- 0.44 mi Turn right on Lyman Street
- 0.97 mi Turn right at Chauncy St
- 1.47 mi Slight right at Oak St
- 2.35 mi Turn right at MA-135 W/Milk St
- 3.58 mi Turn right at Brigham St
- 5.42 mi Turn right at US-20 E/Main St
- 6.15 mi Turn right at Bartlett St
- 7.62 mi Turn right at Cedar Hill Rd
- 8.54 mi Continue onto Northboro Rd
- 9.84 mi Continue onto Johnson Rd
- 10.15 mi Turn right at MA-30 W/Main St
- 11.99 mi Turn right at Haskell St
- 12.87 mi Turn right at Lyman St
- 13.41 mi Turn left into the grounds of Westborough State Hospital
- 13.54 mi Turn right at Hospital Rd
- 13.62 mi Make first left
- 14.00 mi Arrive at transition